

ALLCOMER'S MEET #2

LEGION TRACK

WEDNESDAY, MAY 18th, 2016

TRACK SCHEDULE

4:30 pm	100 m	Female
4:50 pm	100 m	Male
5:10 pm	1500 m	Female
5:25 pm	1500 m	Male
5:40 pm	400 m	Female
5:55 pm	400 m	Male
6:10 pm	4 x 100m Relay	Female
6:20 pm	4 x 100m Relay	Male

- Anyone not pre-registered must turn in their event cards to the marshals at the start line at least **20 minutes** prior to the scheduled start of their track events.

FIELD SCHEDULE

4:30 – 5:30 pm	Javelin	Female
4:30 – 5:30 pm	High Jump	Female
4:30 – 5:30 pm	Triple Jump	Male
5:30 – 6:30 pm	Javelin	Male
5:30 – 6:30 pm	High Jump	Male
5:30 – 6:30 pm	Triple Jump	Female

- Athletes must check in with the event marshals at event at least **15 minutes** prior to the scheduled start of their field events.
- Field events are open during the times stated. Athletes can complete 3 throws or jumps at any point during this time. High Jump will proceed as usual.