

## 2017 SSSAA All Comers 1 - 2017-05-10

## Legion Track

## Results

## Girls 200 Meter Dash

	Name	School	Finals	H#
<b>Finals</b>				
1	Smodis SR, Madison	Superior C&Vi	27.14	1
2	Lampo SR, Tia	Superior C&Vi	27.27	3
2	Bryson JR, Meghan	Sir Winston Churchill C&Vi	27.27	1
4	White MI, Sydney	St. Ignatius H.S.	27.75	2
5	Maxfield OP, Heather	Lakehead Running Club	27.78	2
6	Menard SR, Meredith	St. Ignatius H.S.	28.16	1
7	Ziebarth SR, Autumn	Hammaraskjold H.S.	28.45	3
8	Mose JR, Hailey	Hammaraskjold H.S.	28.50	3
9	Holder SR, Chloe	St. Ignatius H.S.	28.65	1
10	Stewart EL, Anna	Lakehead Running Club	28.70	2
10	Neimi OP, Maija	Lakehead Running Club	28.70	3
12	DaSilva OP, Aly	Lakehead Running Club	29.08	1
13	Lindsey MI, Emma	St. Patrick H.S.	29.10	2
14	Fontaine SR, Abby	Superior C&Vi	29.51	4
15	Gaudreau MI, Sierra	Westgate C&Vi	29.60	1
16	Bergagnini MI, Kiara	St. Ignatius H.S.	30.16	4
17	Coccimiglio JR, Michaela	Hammaraskjold H.S.	30.26	4
18	Ranta-Diegel JR, Stacey	Hammaraskjold H.S.	30.51	3
19	Pawlicki SR, Meagan	St. Patrick H.S.	31.27	2
20	Van Elburg EL, Kara	Lakehead Running Club	31.77	4
21	MacLaurin SR, Karolyn	St. Patrick H.S.	32.49	4
22	Danis SR, Rayanna	St. Patrick H.S.	32.68	4
23	Thurier SR, Jaelyn	St. Patrick H.S.	33.15	3
24	Ranta-Diegel JR, Alexa	Hammaraskjold H.S.	33.21	3
25	Miller JR, Katie	Hammaraskjold H.S.	33.37	2
26	Makin MI, Samantha	Hammaraskjold H.S.	33.43	4
27	Robson JR, Madison	Hammaraskjold H.S.	34.24	4

## Girls 800 Meter Run

	Name	School	Finals
<b>Finals</b>			
1	Maxfield OP, Heather	Lakehead Running Club	2:21.61
2	Stieh JR, Amy	Hammaraskjold H.S.	2:23.23
3	Scavarelli JR, Natasha	St. Ignatius H.S.	2:32.18
4	Niemi MI, Saige	St. Ignatius H.S.	2:34.11
5	Stewart SR, Heidi	Hammaraskjold H.S.	2:36.14
6	Littlefield JR, Tessa	Sir Winston Churchill C&Vi	2:43.61
7	Carr MI, Ainsley	Sir Winston Churchill C&Vi	2:44.55
8	Shortreed SR, Hannah	St. Patrick H.S.	2:45.99
9	Merlo SR, Cristen	Westgate C&Vi	2:57.66
10	Cryer SR, Maddie	Sir Winston Churchill C&Vi	3:01.56
11	Lucky MI, Sarah	Westgate C&Vi	3:03.01

## Girls 4x400 Meter Relay

	Team	Relay	Finals
<b>Finals</b>			
1	Lakehead Running Club	A	4:05.35
2	Lakehead Running Club	B	4:18.36

## 2017 SSSAA All Comers 1 - 2017-05-10

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## Results

**Finals ... (Girls 4x400 Meter Relay)**

Team	Relay	Finals
3 St. Ignatius H.S.	A	4:27.70

**Girls Long Jump**

Name	School	Finals
<b>Finals</b>		
1 Perrier SR, Lauren	St. Patrick H.S.	4.94m
2 Ziebarth SR, Autumn	Hammarskjold H.S.	4.77m
3 Sheparski SR, Olivia	St. Patrick H.S.	4.61m
4 Holder SR, Chloe	St. Ignatius H.S.	4.42m
5 Lento SR, Julia	St. Patrick H.S.	4.33m
6 Swift JR, Hayley	Sir Winston Churchill C&Vi	4.32m
7 Bergagnini MI, Kiara	St. Ignatius H.S.	4.16m
7 Fontaine SR, Abby	Superior C&Vi	4.16m
9 Ranta-Diegel JR, Stacey	Hammarskjold H.S.	4.14m
10 Skabar SR, Ashtyn	St. Patrick H.S.	4.13m
11 Stallwood JR, Caitlin	Sir Winston Churchill C&Vi	4.09m
12 Grootenboer, Hope	Sir Winston Churchill C&Vi	4.05m
13 Coccimiglio JR, Michaela	Hammarskjold H.S.	4.04m
14 Merlo SR, Cristen	Westgate C&Vi	3.97m
15 Robson JR, Madison	Hammarskjold H.S.	3.91m
16 Druhar SR, Brooklynn	St. Patrick H.S.	3.90m
17 Delaney MI, Isabel	Hammarskjold H.S.	3.76m
18 Makin MI, Samantha	Hammarskjold H.S.	3.74m
19 Thurier SR, Jaelyn	St. Patrick H.S.	3.70m
20 Jaun MI, Sonja	E.S.C. de la Verendrye	3.49m
21 Boyes SR, Karen	Sir Winston Churchill C&Vi	3.43m
21 Van Elburg JR, Kara	Lakehead Running Club	3.43m
23 Baker JR, Diana	Westgate C&Vi	3.29m
24 Tackney JR, Jenna	Sir Winston Churchill C&Vi	3.26m

**Girls Shot Put**

Name	School	Finals
<b>Finals</b>		
1 Baker SR, Bryanna	St. Ignatius H.S.	9.16m
2 Martinuzzi SR, Madison	Westgate C&Vi	8.33m
3 Schnepf JR, Hannah	St. Patrick H.S.	8.32m
4 Fares SR, Aminah	Hammarskjold H.S.	8.08m
5 Prete MI, Avery	St. Ignatius H.S.	7.49m
6 Dawson MI, Grace	E.S.C. de la Verendrye	7.18m
7 Aune SR, Alyssa	Westgate C&Vi	7.15m
8 Sweitzer MI, Ashlyn	Hammarskjold H.S.	6.84m
9 Kawahara JR, Katie	Hammarskjold H.S.	6.68m
9 Lewis SR, Sydney	St. Ignatius H.S.	6.68m
11 LaFroy SR, Ellen	St. Ignatius H.S.	6.49m
12 Danis SR, Rayanna	St. Patrick H.S.	5.86m

**Girls Discus Throw**

Name	School	Finals
<b>Finals</b>		
1 Baker SR, Bryanna	St. Ignatius H.S.	23.94m

## 2017 SSSAA All Comers 1 - 2017-05-10

## Legion Track

## Results

## Finals ... (Girls Discus Throw)

Name	School	Finals
2 Fares SR, Aminah	Hammaraskjold H.S.	22.60m
3 Schnepf JR, Hannah	St. Patrick H.S.	22.11m
4 Kawahara JR, Katie	Hammaraskjold H.S.	18.73m
5 Sweitzer MI, Ashlyn	Hammaraskjold H.S.	17.00m
6 Prete MI, Avery	St. Ignatius H.S.	15.98m
7 Danis SR, Rayanna	St. Patrick H.S.	15.94m
8 Martinuzzi SR, Madison	Westgate C&Vi	15.85m
9 Sheparski SR, Olivia	St. Patrick H.S.	14.99m
10 Frisby SR, Margaret	St. Patrick H.S.	14.63m
11 Gowanlock MI, Emma	Hammaraskjold H.S.	14.12m
12 Matula MI, Alexa	Superior C&Vi	14.09m
13 Czerwinski JR, Ashley	Hammaraskjold H.S.	13.79m

## Boys 200 Meter Dash

Name	School	Finals	H#
<b>Finals</b>			
1 Hoier SR, Devon	Hammaraskjold H.S.	23.37	1
2 Saarimaki SR, Erik	Hammaraskjold H.S.	23.39	4
3 Hutchinson SR, Josh	Hammaraskjold H.S.	23.46	1
4 Hamilton SR, Josh	Superior C&Vi	23.53	1
5 Szezpanski SR, Justin	Westgate C&Vi	23.54	1
6 Campbell SR, Hunter	Hammaraskjold H.S.	23.79	1
7 Halls SR, Travis	Hammaraskjold H.S.	24.08	2
8 Scott OP, Ryan	Lakehead Running Club	24.12	1
9 Prochnicki SR, Braedan	Sir Winston Churchill C&Vi	24.52	4
10 Fayrick JR, Michael	Hammaraskjold H.S.	24.73	1
11 Sacino MI, Matt	St. Patrick H.S.	25.02	3
12 Grant JR, Joshua	Westgate C&Vi	25.31	4
13 Van Elburg SR, Jared	Sir Winston Churchill C&Vi	25.64	4
14 Talip SR, Tailan	St. Patrick H.S.	25.68	3
15 Czerwinski SR, Kyle	Hammaraskjold H.S.	25.73	4
16 Ford SR, Dylan	Sir Winston Churchill C&Vi	25.79	4
17 Chuatico SR, David	St. Ignatius H.S.	26.33	2
18 Kowalchuk JR, Andrew	St. Patrick H.S.	26.60	3
19 Morningstar JR, Josh	St. Patrick H.S.	27.16	3
20 Bachinski JR, Mitchell	St. Patrick H.S.	27.43	2
21 Deoude MI, Thomas	Sir Winston Churchill C&Vi	27.87	4
22 Legarde JR, Marlon	Sir Winston Churchill C&Vi	28.30	2
23 Nodin JR, Andy	Superior C&Vi	29.15	2
24 Sugarhead JR, Duane	Hammaraskjold H.S.	30.33	3

## Boys 800 Meter Run

Name	School	Finals
<b>Finals</b>		
1 McDonough OP, Joe	Lakehead Running Club	1:58.03
2 MacIntosh SR, Jordan	Hammaraskjold H.S.	1:59.68
3 McDonough SR, Will	Hammaraskjold H.S.	2:00.63
4 Warwick SR, Colin	Sir Winston Churchill C&Vi	2:05.33
5 Aegard JR, Gareth	Hammaraskjold H.S.	2:10.22
6 DeFranceschi MI, Cale	Superior C&Vi	2:16.42

**2017 SSSAA All Comers 1 - 2017-05-10****Legion Track****Results****Finals ... (Boys 800 Meter Run)**

Name	School	Finals
7 Goegan MI, Michael	Hammarskjold H.S.	2:23.52
8 Little MI, Bradley	Sir Winston Churchill C&Vi	2:26.81
9 Swerhun MI, Chris	Superior C&Vi	2:27.51
10 Johnston SR, Aidan	Hammarskjold H.S.	2:31.21
11 Mangoff MI, Caleb	Hammarskjold H.S.	2:32.14
12 Tenniscoe SR, Tyler	Sir Winston Churchill C&Vi	2:33.68
13 Eveleigh JR, Gavin	Hammarskjold H.S.	2:34.48

**Boys 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Hammarskjold H.S.	A	3:36.73
2 Lakehead Running Club	A	3:52.52
3 St. Patrick H.S.	A	4:16.65

**Boys Long Jump**

Name	School	Finals
<b>Finals</b>		
1 Hutchinson SR, Josh	Hammarskjold H.S.	5.55m
2 Puskas SR, Liam	St. Ignatius H.S.	5.45m
3 Moore SR, Benjamin	Sir Winston Churchill C&Vi	5.43m
4 Van Elburg SR, Jared	Sir Winston Churchill C&Vi	5.33m
5 Prochnicki SR, Braedan	Sir Winston Churchill C&Vi	5.21m
6 Swearengen SR, Joshua	St. Patrick H.S.	5.14m
7 Hay SR, Nathan	St. Ignatius H.S.	5.11m
8 Langwenus SR, Chris	Sir Winston Churchill C&Vi	4.97m
9 Fayrick JR, Michael	Hammarskjold H.S.	4.95m
10 Dowhoszyna JR, Colton	Hammarskjold H.S.	4.92m
11 Giertuga JR, Devin	Hammarskjold H.S.	4.86m
11 Van Elburg JR, Adam	Sir Winston Churchill C&Vi	4.86m
13 Picard MI, Cameron	Hammarskjold H.S.	4.85m
14 Chuatico SR, David	St. Ignatius H.S.	4.81m
15 Tsubouchi JR, Nathaniel	E.S.C. de la Verendrye	4.67m
16 Deoude MI, Thomas	Sir Winston Churchill C&Vi	4.50m
17 Mangoff MI, Caleb	Hammarskjold H.S.	4.42m
18 Legarde JR, Marlon	Sir Winston Churchill C&Vi	4.40m
19 Huneau JR, Kaleb	Hammarskjold H.S.	4.35m
20 Falcigno SR, Daniel	St. Ignatius H.S.	4.30m
21 Adams SR, Britton	St. Ignatius H.S.	4.25m
22 Kowalchuk JR, Andrew	St. Patrick H.S.	4.23m
23 Galati SR, Cody	St. Ignatius H.S.	4.22m
24 Nodin JR, Andy	Superior C&Vi	4.18m
25 Bachinski JR, Mitchell	St. Patrick H.S.	4.09m
--- Taylor JR, Cameron	Sir Winston Churchill C&Vi	FOUL

**Boys Shot Put**

Name	School	Finals
<b>Finals</b>		
1 Arpin JR, Ben	Hammarskjold H.S.	13.89m
2 Stamp SR, Patrick	Hammarskjold H.S.	12.49m

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## Results

**Finals ... (Boys Shot Put)**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
3	Vanderwees JR, Kameron	Sir Winston Churchill C&Vi	11.58m
4	Wood SR, Ben	St. Ignatius H.S.	11.33m
5	Moffitt SR, Eric	Sir Winston Churchill C&Vi	10.66m
6	Macklin MI, Bradley	E.S.C. de la Verendrye	9.72m
7	Proteau JR, Lucas	Hammaraskjold H.S.	9.61m
8	Puskas SR, Liam	St. Ignatius H.S.	9.60m
9	Scheffee SR, Tye	Hammaraskjold H.S.	9.40m
10	Falcigno SR, Daniel	St. Ignatius H.S.	9.13m
11	Baker MI, Quinn	St. Ignatius H.S.	8.87m

**Boys Discus Throw**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Stamp SR, Patrick	Hammaraskjold H.S.	32.10m
2	Vanderwees JR, Kameron	Sir Winston Churchill C&Vi	29.32m
3	Scheffee SR, Tye	Hammaraskjold H.S.	26.79m
4	Proteau JR, Lucas	Hammaraskjold H.S.	26.40m
5	Eh SR, Htoo	Sir Winston Churchill C&Vi	23.96m
6	Moffitt SR, Eric	Sir Winston Churchill C&Vi	23.51m
7	Baker MI, Quinn	Westgate C&Vi	22.92m
8	Czerwinski SR, Kyle	Hammaraskjold H.S.	21.64m
9	Loree-Spacek MI, Luke	Sir Winston Churchill C&Vi	19.35m
10	Garrow-Ledoux JR, Caleb	Sir Winston Churchill C&Vi	16.62m

**Mixed 3000 Meter Run**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	MacIntosh SR, Jordan	M Hammaraskjold H.S.	9:08.68
2	Schlyter JR, Eric	M Hammaraskjold H.S.	9:51.15
3	Dobson MI, Jett	M Hammaraskjold H.S.	10:07.15
4	Grieve SR, Liam	M Westgate C&Vi	10:11.83
5	Luoma SR, Aleks	M Hammaraskjold H.S.	10:26.53
6	Littlefield JR, Nicholas	M St. Patrick H.S.	10:27.63
7	Hollman MI, Max	M Hammaraskjold H.S.	10:31.95
8	Meekis SR, Kai	M Hammaraskjold H.S.	11:00.41
9	Serratore SR, Frederick	M E.S.C. de la Verendrye	11:00.91
10	Snell SR, Mitchell	M St. Patrick H.S.	11:10.93
11	Zamojski SR, Quinn	M Westgate C&Vi	11:17.35
12	Sancartier SR, Theo	M St. Patrick H.S.	11:47.01
13	Watts MI, Noah	M Hammaraskjold H.S.	11:51.13
14	Stewart MI, Ewan	M Westgate C&Vi	12:04.18
15	Johnston JR, Charlotte	W Hammaraskjold H.S.	13:27.31
16	Waboose Srg, Nicole	W Sir Winston Churchill C&Vi	14:11.03
17	Mason Srg, Kayla	W Westgate C&Vi	14:27.19
18	Tapak-Holoka JR, Ross	M St. Patrick H.S.	15:36.51