

2023 Lakehead Public Schools – Track & Field Meet Schedule

Day 1	TRACK EVENTS	FIELD EVENTS
9:45 AM	Intermediate Girls 1500m Intermediate Boys 1500m Grade 7 Girls 100m Grade 7 Boys 100m Grade 8 Girls 100m Grade 8 Boys 100m	Grade 4 Boys Long Jump Grade 6 Boys Triple Jump Grade 4 Girls Football Toss
11:00 AM	Grade 4 Girls 200m Grade 4 Boys 200m Grade 5 Girls 200m Grade 5 Boys 200m Grade 6 Girls 200m Grade 6 Boys 200m	Grade 8 Girls Long Jump Grade 8 Boys Triple Jump Grade 7 Boys Football Toss
12:15 PM	Grade 5 Girls 400m Grade 5 Boys 400m Grade 6 Girls 400m Grade 6 Boys 400m	Grade 8 Boys Long Jump Grade 7 Girls Triple Jump Grade 5 Girls Football Toss
1:30 PM	Grade 7 Girls 400m Grade 7 Boys 400m Grade 8 Girls 400m Grade 8 Boys 400m	
2:45 PM	Grade 4 Girls 200m FINAL Grade 4 Boys 200m FINAL Grade 5 Girls 200m FINAL Grade 5 Boys 200m FINAL Grade 6 Girls 200m FINAL Grade 6 Boys 200m FINAL	Grade 5 Girls Long Jump Grade 6 Boys Long Jump Grade 8 Girls Football Toss
3:15 PM	Grade 7 Girls 100m FINAL Grade 7 Boys 100m FINAL Grade 8 Girls 100m FINAL Grade 8 Boys 100m FINAL	Grade 6 Girls Football Toss

Day 2	TRACK EVENTS	FIELD EVENTS
9:45 AM	Junior Girls 1500m Junior Boys 1500m Grade 7 Girls 200m Grade 7 Boys 200m Grade 8 Girls 200m Grade 8 Boys 200m	Grade 4 Girls Long Jump Grade 6 Girls Triple Jump Grade 4 Boys Football Toss
11:00 AM	Grade 4 Girls 100m Grade 4 Boys 100m Grade 5 Girls 100m Grade 5 Boys 100m Grade 6 Girls 100m Grade 6 Boys 100m	Grade 7 Girls Long Jump Grade 7 Boys Triple Jump Grade 8 Boys Football Toss
	Special Olympics - 50M Run	Special Olympics - Football Toss
12:15 PM	Grade 7 Girls 800m Grade 7 Boys 800m Grade 8 Girls 800m Grade 8 Boys 800m	Grade 7 Boys Long Jump Grade 8 Girls Triple Jump Grade 5 Boys Football Toss
1:30 PM	Grade 4 Girls 100m FINAL Grade 4 Boys 100m FINAL Grade 5 Girls 100m FINAL Grade 5 Boys 100m FINAL Grade 6 Girls 100m FINAL Grade 6 Boys 100m FINAL	
2:45 PM	Grade 7 Girls 200m FINAL Grade 7 Boys 200m FINAL Grade 8 Girls 200m FINAL Grade 8 Boys 200m FINAL	Grade 5 Boys Long Jump Grade 6 Girls Long Jump Grade 6 Boys Football Toss
3:15 PM	Grade 5 Girls 4x100m Relay Grade 5 Boys 4x100m Relay Grade 6 Girls 4x100m Relay Grade 6 Boys 4x100m Relay Grade 7 Girls 4x100m Relay Grade 7 Boys 4x100m Relay Grade 8 Girls 4x100m Relay Grade 8 Boys 4x100m Relay	Grade 7 Girls Football Toss

****ALL TIMES ARE APPROXIMATE. THE MEET SCHEDULE MAY RUN AHEAD OF SCHEDULE OR MAY BE ALTERED BY THE CONVENORS AS RESULT OF WEATHER OR OTHER FACTORS****