

SUPERIOR SECONDARY SCHOOLS ATHLETIC ASSOCIATION
BASKETBALL
PLAYING REGULATIONS
(updated September 2025)

1. Season Format

Whereas possible, a double round robin schedule will take place. Normal starting times will be 4:00pm, 4:30pm (DFC) & 5:30pm/5:45pm.

Any changes to the schedule must be submitted and granted at least one (1) week prior to the proposed change. It is the responsibility of the coach proposing the change to fill out the SSSAA Game Change Form and receive a verbal commitment from the opposing coach.

2. Playoff Format

In Senior, the top four teams qualify for the playoffs and will play a single elimination format.

In Junior, all teams qualify for the playoffs and will play in a single elimination format.

3. Rules of Play

FIBA rules will govern play with the exception/addition of the following rules:

Teams are allowed to carry an unlimited number of players on their rosters.

The home team is responsible for wearing uniforms of a colour different enough so as not to cause any confusion. The referee shall judge as to whether or not they are acceptable. Where teams have two sets of uniforms, the home team normally wears light coloured uniforms.

In junior, the coaches have an agreement not to use zone defence until they are through one rotation for girls or until after Christmas for boys. This includes zone presses.

4. Additional Information

It is the duty of the home school to supply the official timer, scorer and shot clock operator and to ensure that all are properly instructed as to their duties. The only other person to be allowed to sit at the scorer's table is an official from the visiting team.

Each school is to designate a separate area for the officials.

Each school is to provide basketballs for the warm-up of the visiting team. The coach or an official from the visiting team must be present in order for warm-up to begin.

Coaches (or staff advisors) are responsible for the conduct of the spectators from their school within the gym area.

5. Tie Breaking Format

Two (2) or More Tied Teams **(in order)**:

- a. Most wins in games between tied teams
- b. *Points differential (points for minus points against) in games between tied teams
- c. Least points scored against in games between tied teams
- d. *Points differential (points for minus points against) including all games
- e. Least points scored against including all games
- f. Coin toss (2 teams) or draw lots (3+ teams)

*The maximum point differential in any one game will be +/-20 points.

The next tie breaking step is followed only if the teams remain tied.

6. Roster & Eligibility Forms

Eligibility must be submitted through the OFSAA HUB one day prior to a school's first game (including exhibition games). Additional student-athletes may be added to a team during the season by using the OFSAA HUB and by notifying SSSAA of the addition.

7. Results

Winning coaches must submit scores via the [SSSAA Score Submission form](#) by 9:00pm the day of the game. Failure to enter in scores will result in a warning the first time and forfeiture of points for each time thereafter.

8. Awards

The SSSAA Championship trophy will be awarded to the winning teams in both senior & junior.

9. Official Ball

The official ball of SSSAA girls' basketball is the Spalding TF-1000 ZK Pro or Wilson Evolution-size 6 or the Molten OFSAA ball.

The official ball of SSSAA boys' basketball is the Spalding TF-1000 ZK Pro or Wilson Evolution-size 7 or the Molten OFSAA ball.