

SUPERIOR SECONDARY SCHOOLS ATHLETIC ASSOCIATION
CURLING
PLAYING REGULATIONS
(Updated November 2025)

1. Season of Play

The SSSAA curling season will begin November 1st and will end after the OFSAA Championship.

2. Championship Dates

The SSSAA curling season will begin around the last week in November and will conclude by the last week in February.

3. Season Format

A full round robin schedule will take place. Normal starting times will be 4:00pm. All regular season games will take place at Port Arthur and Fort William Curling Clubs.

All teams will make the playoffs spiel in a modified elimination playoff system.

Any changes to the schedule must be submitted and granted at least one (1) week prior to the proposed change. It is the responsibility of the coach proposing the change to fill out the SSSAA Game Change Form and receive a verbal commitment from the opposing coach.

4. Rules of Play

The Canadian Curling Association rule book will govern play with the exception/addition of the following rules:

Games shall be eight ends in length. Ties will count in round robin play. There will be no extra ends or skip's rocks during round robin play. If a buzzer sounds, the teams may finish the end they are on and curl one more. An end is over when the last rock has come to rest.

Should a game be tied after eight ends in the playoffs, extra ends will be played.

During any game, a skip or coach/faculty advisor may call one, one (1) minute time out. One minute starts when the coach arrives at ice level with his/her team. It may be called between ends (i.e. - after the last rock in that end has been played) or when the team requesting the timeout is about to throw. Any discussion must take place, at one end of the ice surface. The other coach/faculty advisor should be notified of the time out and may also visit with her/his team at the other end. The team that did not call the time out may still use a time out at another opportunity.

In playoffs, each team will be granted two (2), one (1) minute timeouts. In extra ends for playoffs, each team will be granted one, one (1) minute timeout—no timeouts from regulation play can be carried forwarded.

No game will start before a faculty advisor/coach for a team has arrived. Should a team be late, then one point, an end and the hammer will be surrendered for every ten (10) minutes that pass. When thirty (30) minutes have elapsed, the game will be defaulted to the opposing team.

Practice is allowed ten (10) minutes prior to the beginning of the game if the ice is available. The home team will have the ice for the first five (5) minutes and the visiting team will have the ice for the next five (5) minutes.

During the regular season, teams (thirds) will flip a coin to determine last rock. For playoffs, the higher seeded team will have choice of last rock.

Coaches are allowed to substitute players during the course of game.

5. Tie Breaking Format

The following format will be used to break ties:

- a. Head to head
- b. Most wins
- c. Shoot-out (prior to first playoff game)

The next tie breaking step is followed only if the teams remain tied.

6. Roster & Eligibility Forms

Eligibility must be submitted through the OFSAA HUB one day prior to a school's first game (including exhibition games). Additional student-athletes may be added to a team during the season by using the OFSAA HUB and by notifying SSSAA of the addition.

Substitutions are allowed; however, a curler may be substituted in only once (no re-entry).

A curler must play in at least one (1) regular season game in order to qualify for any playoff competition.

7. Results

Winning coaches must submit scores by 9pm on the day of the game to the [SSSAA Scores Report Form](#). Failure to phone in scores will result in a warning the first time and forfeiture of points for each time thereafter.

8. Awards

The SSSAA Championship trophy will be awarded to the winning teams in both boys and girls.